



Southwest
Autism
Research &
Resource
Center

Now Enrolling: Strengthening Skills Study

Are you an adult with autism that wants to potentially improve your social and life skills?

We are currently looking for adults with autism spectrum disorder (ASD) aged 21 – 70 to participate in a multicomponent behavioral intervention designed to increase functional independence during aging in ASD study.

In this study, participants will attend a 16-week intervention with a study partner (e.g. parent, spouse, sibling, roommate) that will focus on skills for making and maintaining social relationships, daily living skills, or stress management skills.



STUDY PARTICIPATION WILL INVOLVE:

- **An intake visit at SARRC in Phoenix**
(2-3 hour visit to determine eligibility for the study)
- **Intervention sessions**
(1.5 or 3 hour sessions that meet weekly for 16 weeks)
- **Complete pre- and post-study visit**
(Approximately 60 min. study visit)
- **Follow-up data collection**
(Data collected by phone or internet three and six months after you complete the intervention)

PARTICIPANTS WILL RECEIVE \$150 IN COMPENSATION.

To learn more or enroll, contact the Autism Brain Aging Lab:



(480) 727-3970



abalab@asu.edu

