

# Intensive Parenting Training ONE-WEEK PROGRAM

Southwest Autism Research & Resource Center's (SARRC) one-week intensive parent training program meets in the clinic for five consecutive days. Parents meet with a SARRC clinician one-on-one to incorporate evidence-based teaching strategies into parent-child routines and play.

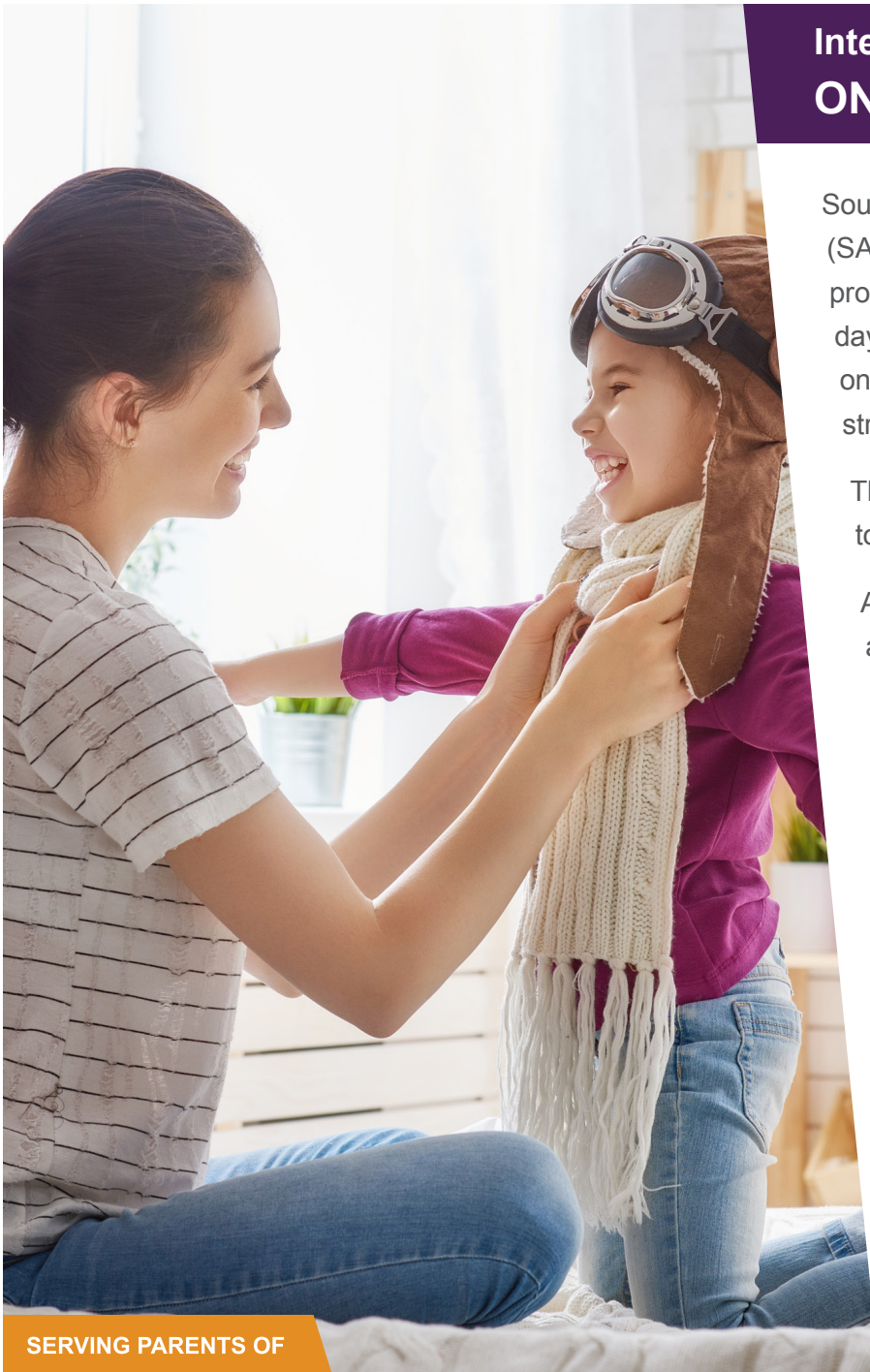
The one-on-one training experience will teach you to implement Pivotal Response Treatment (PRT).

A SARRC Clinician will provide direct coaching and feedback while you play and interact with your child; additional caregivers and clinicians are encouraged to attend.

Individualized interventions will be selected to increase your child's functional communication skills while decreasing challenging behaviors.

#### Payment options:

- Private pay
- Most major insurances accepted
- Limited grant funding



SERVING PARENTS OF



## Toddlers

*16 to 23 months  
diagnosed with autism or at-risk*



## Young Child

*24 months to 6 years  
diagnosed with autism*

For more information or to register, please contact:  
[training@autismcenter.org](mailto:training@autismcenter.org)  
480.603.3284  
[www.autismcenter.org/parents-and-caregivers](http://www.autismcenter.org/parents-and-caregivers)



# SARRC

Southwest  
Autism  
Research &  
Resource  
Center

# FREQUENTLY ASKED QUESTIONS

## **We just received a diagnosis, is this something we should enroll in?**

These short-term services were created with parents in mind, and we individualize the experience for each family based on where they are in their journey regardless of when the diagnosis was received. The primary purpose of the program is to assist parents in acquiring strategies they are looking for to support and teach their child with autism in their family life and natural routines.

## **Does one parent need to attend the full training or can I split the training with my partner?**

Yes, one parent is required to attend the full training. We encourage families to identify the primary caregiver for participation, however we recommend that you bring an additional caregiver with you to participate through observation.

## **Do I come with my child?**

Yes, for the 12-week and one-week training options you will come to SARRC with your child. For the Pivotal Response Treatment Video Workshop we will be providing you with a video camera to take home and record a short interaction {10 minutes} with you and your child to be reviewed in a group based model.

## **Will we have the same clinician throughout our entire experience?**

Yes, you will work with a clinician that is dedicated to your experience. Our Education, Training and Consultation team is comprised of masters level clinicians with training and expertise specific to working with families and professionals supporting individuals with autism across their natural routines and environments.

## **What are the evidence-based interventions and strategies that you are teaching?**

SARRC specializes in naturalistic application of applied behavior analysis including Pivotal Response Treatment. Your clinician will work with you to identify strategies that are effective for you and your child and that are products of many years of rigorous research.

## **What is applied behavior analysis?**

Applied behavior analysis (ABA) is considered the first choice of treatment for individuals with autism by the National Standards Project and the American Academy of Pediatrics because of the overwhelming amount of evidence demonstrating positive outcomes. We individualize goals and teaching for your child and evaluate the effectiveness of treatment to ensure your child is learning.

## **What can we do while we are waiting for our scheduled training date?**

Once you enroll we may recommend some reading based on the age of your child. We also recommend that you begin to identify things that your child is motivated by and enjoys spending their time doing such as favorite toys, foods, activities, and special games specific to you and your child. At the start, and throughout your training experience, a clinician will collaborate with you to incorporate your child's interests into play and routines to target skills that are important for your child to learn.